



Haryana Government Gazette

EXTRAORDINARY

Published by Authority

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No. 80-2023/Ext.] CHANDIGARH, MONDAY, MAY 1, 2023 (VAISAKHA 11, 1945 SAKA)

HARYANA GOVERNMENT

HEALTH & AYUSH DEPARTMENT

Notification

The 1st May, 2023

No. 9/12/2022-6-HBII.— “AYUSH” System of Medicine has emerged as leading healthcare service provider since many decades with various procedures especially Panchkarma, Ayurvedic Surgical & Para Surgical procedure like Kshar Shutra etc. The vast majority of Govt. employees, pensioners & their dependents have been undergoing treatment under AYUSH System of Medicine. State Govt. being committed to provide best healthcare facilities to its employees, pensioners and their dependents, is widening the scope of health services in AYUSH sector as well.

Accordingly; AYUSH Department, Haryana has brought out the ‘AYUSH Medical Reimbursement Policy’ containing therein, the fixed rate packages for various procedures, such as Panchkarma, Ayurvedic Surgery (Gynaecology, Eye/ENT, General Surgery) & Para-Surgery, Yoga, Naturopathy, Unani & Siddha; list of medicines admissible for reimbursement; and empanelment of private AYUSH Hospitals.

A. AYUSH REIMBURSEMENT POLICY:

1. AYUSH Reimbursement Policy will be governed by the Punjab Medical Attendance Rules, 1940 and regulations/instructions issued thereof from time to time.
2. **Reimbursement of AYUSH treatment availed at Govt. AYUSH Hospital:**
 - (i) Complete reimbursement will be allowed for indoor treatment availed at all the Government Hospitals located within the State of Haryana; for Ayurveda/ Unani/ Sidha/ Yoga/ Naturopathy procedures, at the existing rates being charged.
 - (ii) Complete reimbursement will be allowed for indoor treatment availed at all the Government Hospitals located outside the state of Haryana, as per existing rates charged by concerned hospital, subject to the condition that the claimant would produce a certificate from the Medical Superintendent/Head of the Institution declaring it as a Government AYUSH Hospital/ Institution.
 - (iii) Medicines (as per **Annexure “M”**), consumables & disposables prescribed for procedures during indoor treatment will be reimbursed, subject to the certification of non-availability of such items in the AYUSH hospital by concerned Medical Superintendent/Incharge.
 - (iv) The final Medical bill shall be verified by treating doctor and countersigned by Medical Superintendent/ Incharge of AYUSH Govt hospital on ‘Essentiality Certificate’ duly filled and signed by claimant.

- 3. Type of private empanelled AYUSH Hospitals:** These are divided into two categories:
- A. NABH Accredited AYUSH Hospitals
 - B. Entry Level NABH certified AYUSH Hospital
- 4. Reimbursement of indoor treatment availed at private empanelled AYUSH Hospitals:**
- (i) The patient availing indoor treatment in the approved/empanelled private NABH accredited AYUSH Hospitals & Entry Level NABH AYUSH Hospitals, located within or outside the State of Haryana, will be reimbursed as per the package rates fixed for NABH Accredited AYUSH Hospitals and Entry level NABH certified AYUSH Hospitals, respectively; along with room rent as per entitlement of the claimant fixed by AYUSH Department.
 - (ii) The reimbursement of Ayurvedic and Unani treatment will also be allowed for non-package procedure, for which, medicines as per **Annexure "M"**, lab charges along with room rent fixed by AYUSH Department will be reimbursed according to entitlement of beneficiary of State Government. The base rates of reimbursable Ayurvedic and Unani medicines annexed at **Annexure "M"**, shall be the rates fixed or as amended from time to time by IMPCL (a Central Government PSU) or actual rate (whichever is less) will be reimbursable.
 - (iii) The reimbursement of Homoeopathic treatment will also be allowed for non-package procedure as there are no packages under Homoeopathic treatment. The medicines as per **Annexure "M"**, along with lab charges, room rent fixed by AYUSH Department, according to entitlement of beneficiary of State Government. The base rates of reimbursable Homoeopathic medicines annexed at **Annexure "M"** shall be the rates fixed by Goa Antibiotics & Pharmaceuticals Ltd. (Subsidiary of HLL Lifecare Ltd., A Governemnt of India Enterprises) or any agency of Government of India or actual rate (whichever is less) will be reimbursable.
 - (iv) The rates not indicated in fixed rate packages in respect of items under the head of laboratory investigations/ diagnostic tests/ procedures shall be allowed at the 'PGI rates' for outside laboratories and at 'PGI rates+75% of the balance' for in-house labs; however, in no case these shall exceed the rates prescribed in Reimbursement Policy of Health Department (1340 fixed rate packages) vide notification dated 14.07.2020 and amended from time to time.
 - (v) No prior permission/emergency certificate from AYUSH Department is required for availing indoor treatment at empanelled private AYUSH hospitals.
 - (vi) The duration of treatment shall not exceed 30 days for Ayurveda, and 28 days for Unani, Sidha, Homeopathy, Yoga and Naturopathy. For the treatment beyond fixed limit for same disease would require permission from the Committee, constituted under the Chairmanship of concerned District Ayurvedic Officer, on advice of treating doctor of empanelled AYUSH Hospital. However, the same shall not exceed 15 days in any case.
 - (vii) The re-admission for the same disease(s)/ medical condition after a gap of 30 days will again require permission of Committee, constituted under the Chairmanship of concerned District Ayurvedic Officer in the same year, on advice of treating doctor of empanelled AYUSH Hospital, only in exclusive & justified cases.
 - (viii) Expenditure on the treatment taken in the sub/chained branches/ sister concerns of the approved hospitals will not be reimbursed.
 - (ix) It is clarified that the procedures suffixed with package treatment in annexure A2 (AYURVEDA), Y2 (YOGA), N2 (NATUROPATHY), U2 (UNANI) & S2 (SIDHA) are "Fixed Rate Packages" and reimbursement shall be limited to the packages only.
 - (x) No additional charge on account of extended period shall be allowed, when the extension of treatment has been necessitated due to improper management/ procedure.

B. AYUSH CHRONIC DISEASE POLICY:

The reimbursement of expenditure incurred upon treatment for AYUSH system of Medicine for chronic diseases on outdoor basis to Haryana Government Employees/Pensioners/Family Pensioners and their dependents will be governed on the following conditions: -

1. The reimbursement of the expenditure for AYUSH treatment of chronic diseases on outdoor basis shall be limited to 18 chronic diseases, already notified by Health Department, Haryana vide letter dated 08.06.2005 (listed in para 2 below) and amended from time to time.

2. **List of chronic disease/diseases already notified by Haryana Government**
 - (1) Coronary Artery Disease
 - (2) Chronic Heart Disease
 - (3) Chronic Respiratory Disease (COPD, I&D, Cystic Fibrosis)
 - (4) Chronic Renal Failure
 - (5) Rheumatoid Arthritis and Osteo-Arthritis
 - (6) Brain Tumor and Malignancy of different organs
 - (7) Paraplegia/Quadriplegia/Hemiplegia
 - (8) Epilepsy
 - (9) Multiple Sclerosis/ Myasthenia Gravis/ Parkinson's Disease
 - (10) Ulcerative Collitis/Crohn's Disease/Coeliac Disease
 - (11) Cirrhosis of Liver/Chronic Hepatitis 'B' & 'C'
 - (12) Thalassemia, Haemophilia, Aplastic anaemia, Myelodysplastic Disorders
 - (13) Connective Tissue Disorder i.e. Wagner's Granulomatosis, Scleroderma, SLE & Polyarteritis Nodosa
 - (14) Psoriasis
 - (15) Diabetes Mellitus
 - (16) AIDS
 - (17) Glucoma
 - (18) Organ Transplant
3. The certificate of Chronic Disease shall be issued by the Medical Board constituted under Civil Surgeon, as per instructions issued by Health Department, Haryana vide letter dated 14-07-2020 and amended from time to time.
4. The State Government beneficiary desirous of claiming reimbursement of AYUSH treatment of Chronic Diseases shall surrender Fixed Medical Allowance and opt for Open Medical Allowance. The claimant cannot avail Fixed Medical Allowance and reimbursement of OPD treatment for chronic diseases, simultaneously.
5. The State Government beneficiary can change option from Fixed Medical Allowance to Open Medical Allowance or vice versa at any time, by applying to Head of Concerned Department for the same.
6. The reimbursement will be allowed for the treatment availed at all the Government and private AYUSH Empanelled Hospitals/ Institutions, located within or outside the State of Haryana.
7. The Reimbursement of treatment under AYUSH system will be allowed for prescribed medicines, enlisted in "**Annexure-M**" and for laboratory tests/ investigations/ diagnostic tests/ procedures. The reimbursement for labs/ diagnostics shall be allowed at the 'PGI rates' for outside laboratories and at 'PGI rates+75% of the balance' for in-house labs; however, in no case these shall exceed the rates prescribed in Reimbursement Policy of Health Department (1340 fixed rate packages) vide notification dated 14.07.2020 and amended from time to time.
8. In case of Yoga & Naturopathy Hospitals, the reimbursement of few procedures, carried out on OPD basis, is allowed at the rates mentioned in fixed rate packages in "**Annexure-Y2**" and "**Annexure-N2**", respectively, or at the actual rates charged by private hospital, whichever is less.
9. The private empaneled AYUSH hospitals shall provide 40% discount in OPD consultations/ visiting charges. However, the reimbursement for OPD consultation/ visiting charges will not be allowed.
10. The reimbursement for OPD treatment shall be subject to the condition that concerned District Ayurvedic officer should approve the bill on Essentiality Certificate (as prescribed by Haryana Government) duly signed and stamped by treating doctor and countersigned by Medical Superintendent. In case of any doubt, the bills may be got approved by a Committee of experts.
11. The State Government beneficiary can choose the multiple treatment regimes/pathies for cure; however, reimbursement will be allowed for treatment availed under only one pathy, for a given time period.

C. EMPANELMENT OF PRIVATE AYUSH HOSPITALS WITH HARYANA GOVERNMENT.

To ensure the quality & standards of treatment at private AYUSH Hospitals, only NABH accredited/certified hospitals would be empanelled with State Government for a period of 3 years. However, as presently, only small number of private AYUSH hospitals possess NABH accreditation/ certification, Entry level NABH certified AYUSH Hospitals would also be taken on panel, subject to the condition that such hospital shall get NABH accreditation within one year failing any of the conditions would lead to automatic de-empanelment of such hospital, without any prior notice.

In view of the cost involved in NABH certification/accreditation and to motivate private hospitals for the NABH certification/accreditation, the fixed rate packages have been formulated for NABH accredited AYUSH Hospitals at highest rates; and for entry level NABH certified hospitals at 15% lesser rates.

1. NABH Accredited/Entry Level Certified AYUSH Hospitals:

- i. The AYUSH Hospitals/institutions possessing valid NABH accreditation would be empanelled for a period of 3 years, after which the hospital shall apply for renewal to continue empanelment.
- ii. The AYUSH Hospitals/institutions possessing valid Entry Level NABH Certification would be empanelled for a period of 1 year, initially and shall upgrade to full NABH within 1 year, after which the empanelment would continue for rest of the period i.e. a total of 3 years from the date of empanelment.
- iii. The hospital shall possess a valid NABH accreditation/ Entry level NABH certification during the whole period of empanelment with State Government and shall submit renewed NABH Accreditation/Entry Level NABH Certification before expiry, failing which it will be deempanelled automatically, without any prior notice.
- iv. AYUSH Department, Haryana has full right for inspection of empaneled hospital if any complaint received against hospitals.

2. Process of application:

- a. The Application shall be submitted on online Portal for Empanelment for AYUSH Hospital, along with submission of physical application with all the necessary substantiating documents to the Director General, Department of AYUSH, Haryana Sector-3, Near Youth Hostel, Panchkula; along with certificate of Undertaking & list of essential documents(If Applicable), as mentioned below:
 - (1) Copy of certificate or Memo of State Health Authority recognizing the Hospital (If Clinical Establishment Act, 2010 is applicable on that hospital).
 - (2) Building Plan Approval/certificate/permission from competent Government Authority.
 - (3) Registration Certificate/License of Each X-ray Radiation Machine issued by AERB.
 - (4) Certificate from the Income Tax Department for Exemption of Income Tax.
 - (5) GST Certificate
 - (6) Photocopy of PAN Card.
 - (7) Name and address of the Bankers.
 - (8) Computerization of medical records: All the medical records must be computerized and readily available.
 - (9) Ambulance Service: In-house or outsourced (under MOU), with valid RC and Insurance.
 - (10) Pharmacy/Medical Store: In-house or outsourced (under MOU) with valid license.
 - (11) Ramp and Stairs/lift, with Registration under Haryana Lift and Escalator Act, 2008 and amendments thereof or Licence from Government Authority for lifts, as per applicability in the concerned State.
 - (12) Kitchen/Canteen with FSSAI certification or/and Certificate for Registration of Canteens under Prevention of Food Adulteration Act.
 - (13) Fire fighting system: NOC for fire safety issued by Government Authority
 - (14) Bio-medical Waste Management, as per BMW Rules, 2016:
 - i. MOU with CBWTF for BMW.
 - ii. BMW Authorization Certificate from State Pollution Control Board.
 - iii. Consent to Operate under the Air Act and the Water Act from State Pollution Control Board.

- (15) Adequate parking space
- (16) Hygienic surroundings
- (17) Hospital/center should be easily accessible/Approachable
- (18) 24 hrs Water supply
- (19) 24 hrs electrical supply with proper back up
- (20) Hospital must have all facilities located in the same premises and should not be in scattered building
- (21) Any other Certificate/License required by AYUSH Department Haryana.
(15 to 21 to be certified by CEO/Medical Superintendent of the Hospital on letter Head)
- b. Application forms should be submitted in one sealed envelope superscribed as 'Application for empanelment of AYUSH Hospital'.
- c. The Applicant must mention the Speciality (AYUSH) or multi-speciality for which empanelment is required.
- d. All the pages of application and annexure shall be serially numbered, signed and stamped invariably by authorized person of the Hospital.
- e. As far as possible all information should be given in the application. If a particular facility is not available. It should be mentioned as "Not applicable".
- f. Application that is found complete in all respects shall be forwarded to Committee for inspection/verification.
- g. The case with valid documents will be submitted to Director General AYUSH for approval.
- h. After approval, MOU will be signed between applicant Hospital and AYUSH Department, Haryana with submission of performance Bank Gurantee of Rs. 50,000/- (Rs. Fifty Thousand only).
- i. A non-refundable application fee of Rs. 5000/- (Rs. Five thousand only) shall be paid in the form of Demand Draft payable in the name of "Director General, AYUSH Department, Haryana" from any Scheduled or Commercial or Nationalized Bank, along with application.

3. MEMORANDUM OF AGREEMENT (MOA)

The private AYUSH hospitals selected for empanelment will have to enter into an agreement with Director General AYUSH, Haryana for providing services to Haryana Government beneficiaries at the rates, prescribed by AYUSH Department Haryana & amended from time to time, for each of the category of hospitals i.e. NABH Accredited/ Entry Level NABH Certified.

4. Violation of MOU

In case of violation of any of the provisions of MOU by hospitals, as mentioned below:

- a. Refusal of service
- b. Undertaking unnecessary procedures
- c. Deficient or defective services
- d. Over billing
- e. Negligence etc
- f. Reduction of staff/infrastructure/equipment etc. resulting in reducing facilities after the hospital has been empanelled.

The Ayush Department will have the right to de-empanel the hospital. Such action could be initiated on the basis of complaint, medical audit or random inspections carried out by teams of Ayush deptt. Haryana. In the first instance, a showcause notice will be issued to the concerned hospital for reply within 15 days of its receipt. Director General Ayush, Haryana will be the competent authority to pass appropriate orders based on the facts and circumstances of the case. However, hospitals will have the right to appeal within 30 days to Additional Chief Secretary, Health & AYUSH Department, Haryana whose decision will be final.

5. ELECTRONIC/COMPUTERIZED BILLING

All Billings is to be done in electronic format and medical records need to be submitted in digital format. Hospitals that do not have the capacity or ability to comply with this condition will not be empanelled.

6. MEDICAL AUDIT

The hospitals will send a report to the office of Director General, AYUSH Haryana regarding the patients who have taken treatment from the hospital on quarterly basis. Medical Audit of the services provided by the empanelled hospital would be carried out on regular basis by the AYUSH department.

D. FIXED RATE PACKAGES FOR AYUSH TREATMENT:

- i. Fixed rate package means a lumpsum amount to be charged by empanelled private AYUSH hospital for standard set of procedures that are administered to the State Government beneficiary while undergoing treatment for a pre-diagnosed condition. There are 2 categories of rates on the basis of type of hospitals i.e. NABH Accredited and Entry Level NABH certified.

The fixed rate package includes all charges pertaining to a particular treatment/procedure including charges for registration, admission, cost of medicines/ contingency/ consumables, lab charges, kshar sutra operation/procedure, Doctor charges/Consultant visits, monitoring, operation theatre charges/consumables, procedural charges/Surgeon's fees, cost of disposable surgicals, nursing care, etc. from the time of admission till discharge.

- ii. The Pre-diagnosed conditions/ diseases/ disease conditions necessitating hospitalization of the patients, indicative therapies/ procedures and likely duration of hospitalization are mentioned in **Annexure A1** (AYURVEDA), **Y1** (YOGA), **N1** (NATUROPATHY), **U1** (UNANI) & **S1** (SIDHA), the same shall be strictly adhered to by all the empanelled AYUSH hospitals. In a rare case, the reimbursement of procedure/therapy not mentioned in Annexure will be reimbursed only on certification of essentiality being issued by treating doctor.
- iii. It is clarified that the procedures suffixed with package treatment in **Annexure A2** (AYURVEDA), **Y2** (YOGA), **N2** (NATUROPATHY), **U2** (UNANI) & **S2** (SIDHA) are covered under "Fixed Rate Package Treatment" and reimbursement shall be limited to the package rates.
- iv. Entitlement for Room and Room-Rent to be charged for each day of admission:

Sr. No.	Revised Pay as per 7 th pay Commission (B.P + G.P X 2.57)	Entitlement	Hospital Accreditation	
			NABH accredited	Entry Level Certified
1.	Upto Rs. 50,192/-	General Ward	Rs. 700	Rs. 500
2.	Between Rs. 50,217/- to Rs. 64532/-	Semi Private ward	Rs. 1400	Rs. 1000
3.	Above Rs. 64588/-	Private ward	RS. 2100	Rs. 1500

- v. Definition of Ward/Room:
- a. Private ward is defined as a hospital room where single patient is accommodated and which has an attached toilet (lavatory and bath). The room should have furnishings like wardrobe, dressing table, bed-side table, sofa set, and carpet, TV, Air conditioner, Intercom facility, etc. as well as a bed for attendant.
- b. Semi Private Ward is defined as a hospital room where two to three patents are accommodated and which has attached toilet facilities and necessary furnishings along with Air conditioner.
- c. General ward is defined as halls that accommodate four to ten patients with necessary toilet attachments and furnishings.
- vi. Accommodation in higher category than the entitlement of State Government beneficiary is not permissible. However, in case of an emergency when accommodation in the entitled category is not available, admission in the immediate higher category may be allowed till the accommodation in entitled category becomes available. However, the Hospital can charge only as per entitlement of the beneficiary.

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- vii. In case, beneficiary opts for category over & above his/her entitlement for type of room/ward, it will be responsibility of the Hospital to explain and obtain undertaking from the beneficiary. The Charges over and above the entitlement will be borne by the beneficiary and shall be mentioned in the final bill.
- viii. No additional charge on account of extended period shall be allowed, if extension is due to any improperly conducted procedure or due to any unjustified complications.
- ix. The prescribed rates as indicated in Annexure A2 (AYURVEDIC), Y2 (YOGA), N2 (NATUROPATHY), U2 (UNANI) & S2 (SIDHA) may be revised from time to time by State Government, as and when required, and will be applicable from the date of such notification. Any such information would be immediately uploaded on the website of AYUSH department for information of all empanelled hospitals and general public.
- x. In case, multiple packages are invoked for treatment provided at same time, then the package rates shall be charged at following rates:
- Highest package at 100%
 - 2nd package and all the subsequent packages at 50%
 - Packages will be limited to 3 packages per day only.
 - However, the room rent shall be charged once only.
- xi. It will be responsibility of the beneficiary to establish his/her identity verifying him/her to be State Government beneficiary, by producing relevant documents, such as Identity card issued by Head of Office, Aadhar No., Employee Code, PPO No. (in case of Pensioners), etc. The cashless portal, hosted at website of Health Department (haryanahealth.nic.in) may also be utilized by empanelled hospitals for verification of State Government beneficiaries.
- xii. It will be responsibility of the concerned hospital to ask for ID card from the employee/pensioner and to explain to them that the procedures are covered under the fixed rate packages or not.

DR. G. ANUPAMA,
Additional Chief Secretary to Government Haryana,
Health and AYUSH Department.

ANNEXURE A1 (AYURVEDA)

List of disease(s) as per Ayurveda and indicative therapies with likely duration of treatment

Sr. No.	Disease	Condition needing hospitalization	indicated therapies required as per the condition of patient	Likely duration of hospitalization
1	SwasaRoga, KasaRoga (Restrictive /Obstructive Pulmonary Diseases, Bronchial Asthma, Emphysema, COPD..etc.)	<ul style="list-style-type: none"> Breathing Difficulty Cough Fever 	Snehapana, Abhyanga, Nadeesweda, Vamana, Virechana, Kavala, Dhoomapana, Nasya, Pizhichil, Thakra Dhara, Urovasthi, Taila Vasthi, Kashaya Vasthi, Pichu, Thailam, Kashay Dhara, Dhanyamla Dhara, Lepam	7- 28 DAYS
2	Greevastambha, Greevashundan a (Cervical spondylosis, Cervical spondylitis, Ankylosing spondylitis of cervical spine, Cervical disc prolapse.etc)	<ul style="list-style-type: none"> Persisting or radiating pain in cervical region Restricted neck movements Tenderness Numbness Vertigo 	Abhyanga, Lepa, Upanaha, Jambeerapindasweda, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil, Pathrapindasweda, Dhanyamlapindasweda, Dhanyamladhara, Pichu, Valukasweda, Aanchanam, Sthanika Sekam, Nadeesweda, Greevavasthi, Nasya, Kavala, Dhoomapana, Sirovasthi, Snehapana, Vamana, Virechana, Kashaya Vasthi, Thailavasthi, Thalam, Veshtan am, Dhanya Pindasweda, Valuka Sweda	7- 28 DAYS
3	Kateegraha, gridhrasi, kateesoolatrikap ristakateegraha, (Sciatica, Low Back Pain/Ache, I.V.D.P., Spondylolysthesis...etc.)	<ul style="list-style-type: none"> Persistent or radiating back pain Restricted movements of low back/ hip region Tenderness Burning sensation 	KatiVasthi, PrishtaVasthi, Agnikarma, Kati-pichu, SiraVyadha/Siravedha, Virechana Abhyanga, Lepa, Upanaha, Jambeerapindasweda, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil, Pathrapindasweda, Dhanyamla Pindasweda, Dhanyamla Dhara, Pichu, Valukasweda, Aanchanam, Sthanika sekam, Nadeesweda, Kati Vasthi, Avagaha, Snehapana, Virechana, Thailavasthi, Kashayavasthi, Ksheeradhara, PrIshtasandhi-marma abhyanga (Lumbar manipulation), Veshtana, Dhanya pindasweda, Valuka sweda	7- 28 DAYS
4	Apabahuka, Viswachi (Frozen shoulder, Periarthritis, Tendinitis, Brachial neuralgia.....etc.)	<ul style="list-style-type: none"> Radiating or local pain in shoulder region Restricted shoulder movements Tenderness Numbness Muscle wasting 	Agnikarma, Abhyanga, Lepa, Upanaha, Veshtanam, Jambeerapindasweda, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil, Pathrapindasweda, Dhanyamlapindasweda, Dhanyamladhara, Pichu, Valukasweda, Aanchanam, Sthanika sekam, Nadeesweda, Greevavasthi, Nasya, KaVala, Dhoomapana,	7-28 DAYS

Sr. No.	Disease	Condition needing hospitalization	indicated therapies required as per the condition of patient	Likely duration of hospitalization
			Sirovasthi, Snehapana, Vamana, Thailavasthi, Kashayavasthi, Dhanya pindasweda, Valuka sweda, Mamsa pindasweda	
5	Pakshaghata (Paralysis, Hemiplegia, Hemiparesis...etc.)	<ul style="list-style-type: none"> Weakness of one side of the body Stiffness of muscles Muscle weakness Numbness Pain Tremor Difficulty in speech 	virechana, kashaya vasthi, taila vasthi, shashtikapindasweda, pathra pindasweda, choorna pindasweda, jambeera pindasweda, dhanyamla pindasweda, sirovasthi, thalapothishil, pichu,seka, nasya, kabala, dhoomapana, abhyanga, thalam, moordhathailam, pizhichil, thailadhara, kashayadahara, ksheeradhara, ksheera dhoomam, jihwalepam, nadeeswedam, valuka sweda, mamsa pindasweda	14-30 DAYS
6	Kampavata (Neurospastic conditions, Parkinson's disease..etc.)	<ul style="list-style-type: none"> Tremor Stiffness of muscles Muscle weakness Walking difficulty Sluttering movements Difficulty in speech 	pizhichil, nasya, kabala, gandoosha, dhoomapana, sirovasthi, ushmasweda, pichu, choornapindasweda, pathrapindasweda, jambeerapindasweda, shashtikapindasweda,lepa,ab hyanga, nadeesweda,ksheeradhooma , thailavasthi, kashayavasthi, ksheeradhara-full body (different varieties), dhanyamlapindasweda, dhanyapindasweda, mamsapindasweda	14-28 DAYS
7	Ardita (Facial Paralysis..etc.)	<ul style="list-style-type: none"> Weakness of facial muscles Drooping of eye lids Numbness of facial muscles Salivation 	murdhataila, nasya, kabala, dhoomapana, mukhabhyanga, nadeesweda, gandushaksheeradhooma, karnapoorana, akshitharpana, thalam, thailadhara,thakradhara, sirovasthi, pichu, thalapothishil/sirolepa, virechana, tailavasthi, kashayavasthi, choornapindasweda, pathrapindasweda, annalepa/ navaratheppu- sthanika	7- 21 DAYS
8	Vatarakta (gouti arthritis ischaemic limb, sle, rheumatoid arthritis..etc.), kroshtukasheers ha	<ul style="list-style-type: none"> Joint pain Swelling Tenderness Deformity Burning sensation Discolouration 	kashaya vasthi, thaila vasthi, virechana, parisheka, rakthamokshamjaloukavacharana, siravedha, patra pinda sweda, nadee sweda, veshtana, valuka sweda, choorna panda sweda, shashtika pinda sweda, dhanyamla dhara, dhanyamla pinda sweda, ksheera dhara, kashaya dhara,lepana, upanaha, avagaha, snehapana, pizhichil	14-28 DAYS

Sr. No.	Disease	Condition needing hospitalization	indicated therapies required as per the condition of patient	Likely duration of hospitalization
9	Amavata (Connective tissue disorder, Rheumatic fever..etc.)	<ul style="list-style-type: none"> • Heaviness of body • Body ache • Immobility • Fever • Swelling • Pain in low back 	virechana, kashaya vasthi, thaila vasthi, valuka sweda, choorna pinda sweda, dhanyamla pinda sweda, dhanyamla dhara, rakthamokshana, upanaha, lepana, dhanya pindasweda, nadee swedam	14-28 DAYS
10	Sarvanga Vata (Cerebral atrophy, Cerebral Diplegia, MotorNeuron diseases, M.N.D, M.S, C.P..etc.), SUPTHI (Neurological disorders, Fibromyalgia..etc.)	<ul style="list-style-type: none"> • Generalized pain • Stiffness • Numbness • Weakness • Feeling of coldness 	Shastikapidna sweda, Kaya Seka/Pizhichil, Annalepana/Navaratheppu, Abhyanga, Kashayavasthi, thailavasthi, Shiropichu, Snehapana, ChoornaPindasweda, DhanyamlaDhara, DhanyamlaPindaSweda, PathraPindaSweda, Thailadhara, ThakraDhara, Sirolepam, Nasyam, Ksheeradharma, MamsaPindasweda	14-28 DAYS
11	Sandhigatavata (DEGENERATIVE JOINT DISORDERS, TENNIS ELBOW), VATHAKANDAKAM (CALCANEAL SPUR)	<ul style="list-style-type: none"> • Joint pain • Restricted joint movements • Stiffness • Crepitus 	Januvasti, Kashaya vasthi, Thaila Vasthi, Prushta Vasthi, Katee Vasthi, Greeva Vasthi, Jaloukavacharana, Choorna Pindsweda, Pathra Pinda Sweda, Shastika Pinda Sweda, Sthanika Annalepa, Sthanika Vasthi, Upanaha, Lepa, Pichu, Snehapana, Parisheka, Veshtana, Mamsakkizhi, Ksheeradharma, Pizhichil	8-28 DAYS
12	Twak Vikara (Skin Diseases), Kitibha, Ekakushta, Vicharchika, Gajacharma (Lichen Planus, Psoriasis, Eczema..etc.)	<ul style="list-style-type: none"> • Discolouration • Itching • Scaling • Oozing • Peeling • Burning sensation • Numbness 	Vamana, Virechana, Nehapana, Rakthamokshana- (Jaloukavacharana, prachana, siravedha/ siravyadha) , Parisheka, Takradhara, Lepa, KashayaDhara, KashayaVasthi, TailaVasthi, Kshalana, Abhyanga, NadeeSweda	8-28 DAYS
13	Visarpa (Cellulitis, Erisepelus, Necrotising Cellulitis, Impetigo, Pemphigus vulgaris...etc.), Grandhi, Arbuda(Benign & Malignant growths, Hodgkins disease..etc.)	<ul style="list-style-type: none"> • Rashes • Blisters • Itching • Oozing • Burning sensation • Pain • Growths 	Rakthamokshana, Jalukavacharana, Vamana, virechana, Kashaya Vasthi, Thaila Vasthi, Kashaya Dhara, Thakra Dhara, Abhyanga, lepa,	14- 28 DAYS
14	Arsha, Bhagandara, Parikarthika (Haemorrhoid, Fistula in ano, Fissure in ano..etc.), NADEE VRANA (Pilonoidal sinus..etc.)	<ul style="list-style-type: none"> • Constipation • Pain in anal region • Itching around anus 	Virechana, Avagaha, Upanaha, Lepa, Taila VasthiMathravasthi, Kshalana, Thakrapana, Varthi, Ksharakarma, Ksharasoothra, Agnikarma Varieties Like Classical/ Infra Red Coagulation/ High	1-7 DAYS

Sr. No.	Disease	Condition needing hospitalization	indicated therapies required as per the condition of patient	Likely duration of hospitalization
		<ul style="list-style-type: none"> Burning sensation Prolapse of mass from anus Bleeding from anus Pus from anus 	Frequency Coagulation/ Radio Frequency coagulation ..etc, suction aided ring ligation procedure, Kshara Pathana, Taila Daha, Dhoopana, Goshbanabandha,	
15	Moothraghata, Moothrakruchra, Asmari (Renal disfunction, Renal/Urinary Calculi, Urinary Disfunction/ Obstruction...etc.)	<ul style="list-style-type: none"> Painful micturition or Pain in scrotum and penis with decreased urine output Presence of blood with urine may be present 	Snehapana, Nadee Sweda, Virechana, Avagaha, Kashaya vasthi, Taila Vasthi, Abhyanga, Uthara Vasthi, Lepa, Dhara-Sthanika	14-28 DAYS
16	Kashtarthava, Kruchrarthava, Artava Dushti, Yonee Roga , Rakthapradara (Amenorrhoea, Dysmenorrhoea, PCOD/ PCOS, D.U.B..etc.)	<ul style="list-style-type: none"> Severe pain with menstruation Very less menstrual flow or no Menstruation Irregular menstruation Abnormal menstruation 	Vamana, virechana, Kashaya vasthi, Thaila Vasthi, Nasya, snehapana, Uthara vasthi, Yoni Prakshalana, Udwarthana, Dhanyamla Dhara, Dhanyamla Pinda Sweda, Avagaha , Yonidhavana, Yoni Pichu, Yoni Poorana, Yoni Dhoopana, Abhyanga, Ksharakarma, Nadeesweda	14-28 DAYS
17	Mamsagata Vikara, Mamsakshaya (Muscular Dystrophy...etc.)	<ul style="list-style-type: none"> Weakness of muscles Wastage of muscles 	Choorna Pindasweda, Pathra Pinda Sweda, Swedana, Shashtika Pinda Sweda, mamsa Pinda Sweda, Annalepa, Vesthanam, Pizhichil, Udwarthana, Upanaha, Matra Vasthi, Kashaya Vasthi	14-28 DAYS
18	Dristidosha Asama Drishti, Nethraja Rakthapitham, Jeerna Nethrabhishyam, Sushkakshipakam, Adhimandam, Nakulandhyam, Puyalasa, Chathurtha Patalagatha Vikara (Refractive errors, Chronic Allergic & Inflammatory diseases, Chronic Conjunctivitis, Dry Eye Syndrom, Retinitis Pigmentosa, Night Blindness, Dacrocystitis, A.R.M.D., Retinopathy, Blepharospasm.. etc.)	<ul style="list-style-type: none"> Diminished vision Photophobia Dyplopia Watering of eyes Pus formation in eyes Itching of eyes Strain & pain in eyes Restricted field of vision Headache 	Tharpana, aschothana, Nasya, Eye exercises, Anjana, Putapaka, Shashtika Pindasweda- Sthanika, Kashaya Vasthi, Thaila Vasthi, Jaloukavacharana, Nethra Dhara/ Akshi Seka, Sirovasthi, Taila Dhara, Thakra Dhara, Pichu, Dhoomapana, Snehapana, Virechana, Pindi, Vitalaka, Kshalana, Sirolepa, Sirolepam, Thalam, Eshana, Bhedana	7- 28 DAYS

Sr. No.	Disease	Condition needing hospitalization	indicated therapies required as per the condition of patient	Likely duration of hospitalization
19	Sirasoola, Sooryavartham, Ardhavabhedakam (Migraine, Headache...etc.)	<ul style="list-style-type: none"> • Severe headache • Heaviness of head • Nausea • Photophobia 	Snehapana, Nadee Sweda, Nasya, Vamana, Virechana, Dhoomapana, Kabala, Gandoosha, Thalam, Moordha Taila, PichuSiropichu, Sirovasthi, Tailadhara, Thakradhara	7- 21 DAYS
20	Khanja, PanguAbhigathaja, Abhighataja Vikar a (Restricted movements due to fracture/ dislocation..etc.)	<ul style="list-style-type: none"> • Dislocation of bone/ cartilage/ vertebrae • Pain • Swelling • Restricted or painful movements of associated area/ nearby muscles 	Veshtanam, Lepam, DharaSthanika, Kukkutanda Pinda Sweda, Jambheera Pindasweda, Shashtika Pinda Sweda, Annalepa, Choorna Pindasweda, Pathra Pindasweda, Pizhichil, Dhanyamla Dhara, Pichu, Abhyanga	14-21 DAYS

ANNEXURE A2 (AYURVEDA)**RATES PRESCRIBED FOR AYURVEDA PROCEDURES**

Sr. No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
1.	Abhyanga	690	586	Extra
2.	Abhyanga- Sthanika	340	290	Extra
3.	Abhyanga + Sweda	770	655	Extra
4.	Avagaha	460	390	Extra
5.	Anjana	200	170	Extra
6.	Aanchana (Traction)	290	250	Extra
7.	Annalepa/Njavaratheppu- Full body	770	650	Extra
8.	Annalepa/Njavaratheppu - Sthanikam	450	380	Extra
9.	Aschothana	200	170	Extra
10.	Agnikarma-Infra Red Coagulation (Package rate for full Course of treatment)	6000	5100	Extra
11.	Agnikarma- High frequency Coagulation (Package rate for full course of treatment)	6000	5100	Extra
12.	Agnikarma- Radio frequency Coagulation (Package rate for full course of treatment)	6000	5100	Extra
13.	Achasnehapana/day	260	220	Extra
14.	Bhedana (of eye)	340	290	Extra
15.	BhagnaBandhana (Fracture Bandage with Reduction & Immobilisation)	530	450	Extra
16.	ChoornaPindaSweda/Podikkizhi-Full Body	730	620	Extra
17.	ChoornaPindaSweda/Podikkizhi-Sthanika/Ekangam	430	365	Extra
18.	DhanyaPindaswedam/Dhanyakkizhi/Navadhanyakkizhi Full body	750	640	Extra
19.	Dhara/Sirodhara-Thaila	850	720	Extra
20.	Dhanyamladhara-Sthanika/Local -KateeDharaetc 705	420	360	Extra
21.	Dhoopana	290	250	Extra
22.	Dhoomapana	290	250	Extra
23.	DhanyamlaPindaSweda/Dhanyamlakkizhi/Kaatikkizhi-Full Body	740	630	Extra
24.	Eshana	340	290	Extra
25.	Greevavasthi	510	430	Extra
26.	Gandoosha	230	200	Extra
27.	Goshbanabandha	180	150	Extra
28.	Jaloukavacharana	450	380	Extra
29.	Jambeerapindasweda/Narangakkizhi-Full Body	710	600	Extra
30.	Januvasthi	510	430	Extra
31.	Kabala	230	200	Extra
32.	Kateevasthi	510	430	Extra
33.	Kashayavasthi (Niroohavasthi)-Different varieties	620	530	Extra
34.	KashayaDhara- Full Body	630	540	Extra
35.	Kabala KashayaDhara -Ekangam/ Local	380	320	Extra
36.	KsheeraDhara(Medicated-different varieties) -full body	690	590	Extra

Sr. No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
37.	KsheeraDhooma	440	370	Extra
38.	Kshara karma (Package rate for full course of treatment)	6000	5100	Extra
39.	Ksharasoothra-Low level fistula (Package rate for full course of treatment)	6000	5100	Extra
40.	Ksharasoothra-Middle level fistula (Package rate for full course of treatment)	6000	5100	Extra
41.	Ksharasoothra- High level fistula (Package rate for full course of treatment)	6000	5100	Extra
42.	Kshalana	210	180	Extra
43.	KsharaPathana(Package rate for full course of treatment)	6000	5100	Extra
44.	Karnapoorana	210	180	Extra
45.	Kuttanam	320	270	Extra
46.	Lekhana	320	270	Extra
47.	Lepa/Lepana-Local	230	200	Extra
48.	Mathravasthi	210	180	Extra
49.	MamsaPindaSweda/Mamsakkizhi-Full Body	850	720	Extra
50.	MamsaPindaSweda/Mamsakkizhi-Sthanikam/Ekangam	490	420	Extra
51.	Mukhalepa	290	250	Extra
52.	Moordhataila	190	160	Extra
53.	Nadeesweda/Snigdhasweda - Full	350	300	Extra
54.	Nadeesweda/Snigdhasweda - Ekangam/Local	270	230	Extra
55.	Nethradhara/Akshiseka	360	310	Extra
56.	Nasya	360	310	Extra
57.	PathraPindaSweda/Ilakkizhi	730	620	Extra
58.	PathraPindaSweda/Ilakkizhi-sthanika/Ekangam	430	370	Extra
59.	Pizhichil/Kayaseka - Full Body	1200	1020	Extra
60.	Full Pizhichil - Sthanikam/Ekangam/Local	660	560	Extra
61.	Pichu	250	210	Extra
62.	Prushtavasthi	510	430	Extra
63.	Putapaka	510	430	Extra
64.	Prachanna	350	300	Extra
65.	Pindi	270	230	Extra
66.	ShashtikapindaSweda/Navarakkizhi-full body	790	670	Extra
67.	ShashtikapindaSweda/Navarakkizhi-Ekangam/Sthanikam	460	390	Extra
68.	Sirovasthi	580	490	Extra
69.	Snehapana/day	260	220	Extra
70.	Sirolepa/Thalapothichil	670	570	Extra
71.	Siravyadha/Siravedha/Rakthamoksha	380	320	Extra
72.	TailaVasthi	430	370	Extra
73.	Thakradhara	690	590	Extra
74.	Thalam	250	210	Extra
75.	Tharpana	440	370	Extra
76.	Tailadaha (Package rate for full course of treatment)	6000	5100	Extra

Sr. No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
77.	Thakrapana	150	130	Extra
78.	Utharavasthi	660	560	Extra
79.	Udwarthana	660	560	Extra
80.	Urovasthi	510	430	Extra
81.	Upanaha/Upanahasweda	350	300	Extra
82.	Vamana	450	380	Extra
83.	Virechana	210	180	Extra
84.	Valukasweda/Manalkkizhi- Full Body	650	550	Extra
85.	Vitalaka/Bitalaka	270	230	Extra
86.	Yoniprakshalana	300	250	Extra
87.	Yonidhavana	300	250	Extra
88.	Yoni Pichu	280	240	Extra
89.	Yoni Poorana	280	240	Extra
90.	Yoni Dhoopana	200	170	Extra
91.	Valukasweda/Manalkkizhi- Sthanikam	390	330	Extra
92.	Ksheeradhara-Head	660	560	Extra
93.	Jambeerapindasweda/Narangakkizhi- sthanika/Local	440	370	Extra
94.	Dhanyapindasweda-Sthanika/Local	440	370	Extra
95.	Dhanyamlapindasweda/ Katikkizhi-Sthanika	420	360	Extra
96.	Veshtanam 330 97 Agnikarma (Classical with PanchalohaSalaka)	600	510	Extra

ANNEXURE U1 (UNANI)

List of disease/diseases as per Unani and their indicative therapies with their likely duration of treatment

S. No.	Disease	Conditions requiring hospitalization	Indicated Therapies required as per the condition of patients	Likely duration of hospitalization
1.	Shaqīqa (Migraine)	Recurrent episodic throbbing pain in one half of head	Therapy related Medication, Fasd, Ishāl, Natūl, Lakhlahkah and Zimad	7-28 days
2.	Sar' (Epilepsy)	Recurrent spells of convulsions	Therapy related Medication, Qay', Fasd, Ishāl, Huqna, Hammām, Hijāma, Ghargharah, Nafookh and Nashooq	7-28 days
3.	Fālij (Paralysis)	flaccidity/atrophy of organs	Therapy related Medication, Huqna, Dalk, Hijāma, Natūl, Ghargharah, Nafookh and Nashooq	7-28 days
4.	Laqwa (Bell's palsy)	flaccidity of angle of mouth and/or dropping of lower eyelid	Therapy related Medication, Tadhīn, Facial exercise, Mazoogh, Ghargharah and Zimad	7-28 days
5.	Ri'sha (Tremor)	involuntary movement of affected body part	Therapy related Medication, Hammām Hār, Takmīd Hār, Tamrīkh, Fasd, Dalk and Is'hal	7-28 days
6.	Waram-i Asl alUzun (Mumps/ Parotitis)	Pain and swelling below the ears	Therapy related Medication, Fasd, Ishāl, Hijāma, Inkibāb, Takmīd	7-28 days
7.	Waram-i Halaq (Pharyngitis)	Sore throat, dry cough, difficulty in swallowing	Therapy related Medication, Fasd, Irsal-I Alaq, Hijāma and Ghargharah	7-28 days
8.	Waram-i Lawzatayn (Tonsillitis)	Sore throat, difficulty in swallowing, fever	Therapy related Medication, Fasd, Huqna, Ishāl, Hijāma, Gharghara	7-28 days 14
9.	Iltihāb-i Tajāwīfi Anf (Sinusitis)	Headache, post nasal drip	Therapy related Medication, Fasd, Takmīd, Tar'riq, Inkibāb,	7-28 days
10.	Nazla Wabā'ī (Influenza)	Headache, bodyache, fever	Therapy related Medication, Dalk, Pashoya, Ishāl	7-28 days
11.	Shahīqa (Pertussis/ Whooping Cough)	Severe episodes of cough	Therapy related Medication, Inkibāb	7-28 days
12.	Iltihāb al-Shu'ab (Bronchitis)	Productive cough, pain in chest, fever	Therapy related Medication, Inkibāb, Gharghara, Qai, Dalk and Zimad	7-28 days
13.	Zīq al-Nafas (Bronchial Asthma)	Recurrent attacks of cough, dyspnoea, pain	Therapy related Medication, Fasd, Hijāma, Bukhoor and Qai	7-28 days
14.	Zāt al-Riy'a (Pneumonia)	Continuous fever, cough, dyspnoea, pain in chest	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Takmeed	7-28 days
15.	Ru'af (Epistaxis)	Recurrent episodes of bleeding from nose	Therapy related Medication, Hijāma, Fasd,	7-28 days
16.	Salābat-i Kabid (Cirrhotic Liver)	Heaviness in abdomen and loss of appetite	Therapy related Medication, Fasd and Zimad	7-28 days

S. No.	Disease	Conditions requiring hospitalization	Indicated Therapies required as per the condition of patients	Likely duration of hospitalization
17.	Zagħt al-Dam Qawī Lāzimī (Essential Hypertension)	Headache, heaviness in head, clouding of conscious, epistaxis	Therapy related Medication, Fasd, Dalk, Hijāma, Hammām, Riyāzat	7-28 days
18.	Zayābīṭus Sukkari Qism Sānī (Diabetes Mellitus Type II)	Excessive thirst, urination	Therapy related Medication, Takmīd, Ābzān, Dalk, Qay', Tar'riq, Riyāzat	7-28 days
19.	Waram-i Mi'da (Gastritis)	Burning pain in chest, decreased appetite, distended stomach,	Therapy related Medication, Fasd, Riyāzat, Dalk, Inkibāb, Hammām and Zimad	7-28 days
20.	Qarḥa-i Huzūmī (Peptic Ulcer)	Severe pain in stomach, nausea, vomiting	Therapy related Medication, Huqna, Zimad	7-28 days
21.	Zahīr (Dysentery)	repeated urge for defecation, heaviness in abdomen, pain, abdominal distention, tenesmus	Therapy related Medication, Takmīd, Huqna, Ābzān	7-28 days
22.	Ishāl (Diarrhoea)	repeated defecation, indigestion, flatulence and gurgling	Therapy related Medication, Hammām, Dalk and Huqna	7-28 days
23.	Bawāsīr (Piles/ Hemorrhoids)	Mass, pain and itching in the anus	Therapy related Medication, Fasd, Ābzān and Irsal-eAlaq	7-28 days
24.	Sū' al-Qinya (Anaemia)	Pallor, swelling	Therapy related Medication, Dalk, Hammām, Riyāzat	7-28 days
25.	Tashahḥum alKabid (Fatty Liver)	Anorexia, dyspepsia, pain in abdomen	Therapy related Medication, Takmīd, Zimad	7-28 days
26.	Waram-i Kabid (Hepatitis)	Loss of appetite, pain abdomen, nausea, vomiting	Therapy related Medication, Fasd, Riyāzat, Hammām and Zimad	7-28 days
27.	Istisqa'Ziqqi (Ascites)	Abdominal distention, dyspepsia,	Therapy related Medication, Idrār, Ishāl, Tar'riq	7-28 days
28.	Istisqa'Lehmi (Anasarca)	Generalized pitting edema	Therapy related Medication, Tar'riq, Idrār, Hammām, Riyāzat, Hijāma,	7-28 days
29.	Yaraqān (Jaundice) Therapy related	Yellow discolouration of skin, eyes and urine	Medication, rest, Is'hal, Qai, Fasd and Huqna	7-28 days
30.	Waram-i Kulya (Glomerulonephritis / Pyelonephritis)	Fever, difficulty in urination	Therapy related Medication, Fasd, Takmīd, Qay', Huqna, Ābzān, Natūl	7-28 days
31.	Hasāt-i Bawl (Urolithiasis)	heaviness in lower back, excruciating pain	Therapy related Medication, Riyāzat, Hammām, Ābzān, Qay', Fasd, Takmīd	7-28 days
32.	Zu'f-i Masāna (Overactive bladder)	Dribbling of urine	Therapy related Medication, Takmīd	7-28 days
33.	Waram-i Rahim (Metritis)	fever, nausea, shooting pain in lower back and pubic region	Therapy related Medication, Fasd, Qay', Ishāl, Takmīd, Ābzān	7-28 days
34.	Kasrat-I Isqat (Habitual Abortion)	Recurrent abortions	Therapy related Medication, Riyāzat, Qai, Huqna, Hammām, Ābzān, Zimad and Hijamah	7-28 days

S. No.	Disease	Conditions requiring hospitalization	Indicated Therapies required as per the condition of patients	Likely duration of hospitalization
35.	Sayalān-i Rahim (Leucorrhoea) and Huqna	excessive discharge from the uterus	Therapy related Medication, Fasd, Ishāl, Dalk, Ābzan	7-28 days
36.	Ihtibās-i Tams (Amenorrhoea)	cessation of menses	Therapy related Medication, Fasd, Hammām, Hijāma, Idrar and Aabzan	7-28 days
37.	Kasrat-i Tams (Polymenorrhoea)	Excessive loss of blood, pallor, weakness,	Therapy related Medication, Hijāma, Tar'riq, Idrār, Ishāl, Fasd, and Aabzan	7-28 days
38.	Zu'f-i Bah (Sexual Debility)	Decrease in sexual competency	Therapy related Medication, Dalk	7-28 days
39.	Waja' al-Mafāsīl (Arthritis)	pain, swelling, stiffness and restricted movement of affected joint	Therapy related Medication, Fasd, Qay', Idrār, Hijāma, Huqna, Natūl, Ābzan, Takmīd, Dalk, Riyazat, Irsale-e-Alaq, Hammam and Ta'areeq	7-28 days
40.	Irq al-Nasā' (Sciatica)	Pain in hips and leg	Therapy related Medication, Qay', Kayy, Fasd, Hammām, Huqna, Ābzan and Hijamah	7-28 days
41.	Niqris (Gout)	severe pain in great toe or ankle joint	Therapy related Medication, Fasd, Riyāzat, Zimad, Tila, Qai, Dalk and Nutool	7-28 days
42.	Sharā (Urticaria)	abrupt appearance of reddish itchy rashes	Therapy related Medication, Fasd, Hammām and Hijamah	7-28 days
43.	Jarab (Scabies)	rashes between the fingers, wrist, elbow, groin, etc	Therapy related Medication, Hammām, Fasd, Ishāl	7-28 day
44.	Nār Fārsī (Eczema) Filariasis)	Red coloured lines and eruptions and feet	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Irsal-e-Alaq Ishāl, Hijāma, Qay	7-28 days
45.	Dā' al-Şadaf (Psoriasis)	Thick rough patches on skin with silvery scales	Therapy related Medication, Hammām,	7-28 days
46.	Baraş (Vitiligo)	glossy white patches on skin	Therapy related Medication, Dalk-i Khashin, Qai, Tila, and Hammam	7-28 days
47.	Dā' al-Fīl (Lymphatic, Filariasis) and feet	Increase in the circumference of leg	Therapy related Medication, Fasd Ishāl, Hijāma, Qay' and Zimad	7-28 days
48.	Hummā Ajāmiyya (Malaria)	High fever with chills and rigors	Therapy related Medication, Huqna, Qay', Fasd, Hammām	7-28 days
49.	Hummā Mewi (Enteric fever)	Continuous fever, loss of appetite, headache	Therapy related Medication, Takmīd,	7-28 days
50.	'Izm-i Ghudda-i Mazī Sāda	Urinary hesitance, dribbling	Therapy related Medication, Fasd	7-28 days

ANNEXURE U2(UNANI)

RATES PRESCRIBED FOR UNANI PROCEDURES

Sr.No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
1.	Therapy related Medication, Fasd, Ishāl, Natūl, Lakhlakhah and Zimad	600	510	Extra
2.	Therapy related Medication Qay', Fasd, Ishāl, Huqna, Hammām, Hijāma, Ghargharah, Nafookh and Nashooq	1710	1450	Extra
3.	Therapy related Medication Huqna, Dalk, Hijāma, Natūl, Ghargharah, Nafookh and Nashooq	1470	1250	Extra
4.	Therapy related Medication, Tadhīn, Facial exercise, Mazoogh, Ghargharah and Zimad	90	80	Extra
5.	Therapy related Medication, Hammām Hār, Takmīd Hār, Tamrīkh, Fasd, Dalk and Is'hal	1050	890	Extra
6.	Therapy related Medication, Fasd, Ishāl, Hijāma, Inkibāb, Takmīd	1440	1220	Extra
7.	Therapy related Medication, Fasd, Irsal-I Alaq, Hijāma and Ghargharah	1650	1400	Extra
8.	Therapy related Medication, Fasd, Huqna, Ishāl, Hijāma, Gharghara	1320	1120	Extra
9.	Therapy related Medication, Fasd, Takmīd, Tar'riq, Inkibāb,	990	840	Extra
10.	Therapy related Medication, Dalk, Pashoya, Ishāl	510	430	Extra
11.	Therapy related Medication, Inkibāb	90	80	Extra
12.	Therapy related Medication, Inkibāb, Gharghara, Qai, Dalk and Zimad	90	80	Extra
13.	Therapy related Medication, Fasd, Hijāma, Bukhoor and Qai	1200	1020	Extra
14.	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Takmeed	1200	1020	Extra
15.	Therapy related Medication, Hijāma, Fasd,	1200	1020	Extra
16.	Therapy related Medication, Fasd and Zimad	450	380	Extra
17.	Therapy related Medication, Fasd, Dalk, Hijāma, Hammām, Riyāzat	2250	1910	Extra
18.	Therapy related Medication, Takmīd, Ābzan, Dalk, Qay', Tar'riq, Riyāzat	1380	1170	Extra
19.	Therapy related Medication, Fasd, Riyāzat, Dalk, Inkibāb, Hammām and Zimad	1290	1100	Extra
20.	Therapy related Medication, Huqna, Zimad	270	230	Extra
21.	Therapy related Medication, Takmīd, Huqna, Ābzan	390	330	Extra
22.	Therapy related Medication, Hammām, Dalk and Huqna	750	640	Extra
23.	Therapy related Medication, Hammām, Dalk and Huqna	750	640	Extra
24.	Therapy related Medication, Dalk, Hammām, Riyāzat	1050	890	Extra

Sr.No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
25.	Therapy related Medication, Takmīd, Zimad	300	250	Extra
26.	Therapy related Medication, Fasd, Riyāzat, Hammām and Zimad	1050	890	Extra
27.	Therapy related Medication, Idrār, Ishāl, Tar'riq	30	25	Extra
28.	Therapy related Medication, Tar'riq, Idrār, Hammām, Riyāzat, Hijāma	1350	1150	Extra
29.	Therapy related Medication, Fasd , Takmīd, Qay', Huqna, Ābzan, Natūl	1050	890	Extra
30.	Therapy related Medication, Riyāzat, Hammām, Ābzan, Qay', Fasd, Takmīd	1080	920	Extra
31.	Therapy related Medication, Takmīd	150	130	Extra
32.	Therapy related Medication, Fasd, Qay', Ishāl, Takmīd, Ābzan	780	660	Extra
33.	Therapy related Medication, Riyāzat, Qai, Huqna, Hammam, Aabzan, Zimad and Hijamah	300	255	Extra
34.	Therapy related Medication, Fasd, Ishāl, Dalk , Ābzan and Huqna	990	840	Extra
35.	Therapy related Medication, Fasd, Hammām, Hijāma, Idrar and Aabzan	1500	1270	Extra
36.	Therapy related Medication, Hijāma, Tar'riq, Idrār, Ishāl, Fasd, and Aabzan	1500	1270	Extra
37.	Therapy related Medication, Dalk	450	380	Extra
38.	Therapy related Medication, Fasd, Qay', Idrār, Hijāma, Huqna, Natūl, Ābzan, Takmīd, Dalk, Riyazat, Irsale - e -Alaq, Hammam and Ta'areeq	1800	1530	Extra
39.	Therapy related Medication, Qay', Kayy, Fasd, Hammām, Huqna, Ābzan and Hijamah	1800	1530	Extra
40.	Therapy related Medication, Fasd, Riyāzat , Zimad, Tila, Qai, Dalk and Nutool	750	640	Extra
41.	Therapy related Medication, Fasd, Hammām and Hijamah	750	640	Extra
42.	Therapy related Medication, Hammām, Fasd, Ishāl	750	640	Extra
43.	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Irsal - e -Alaq	1200	1020	Extra
44.	Therapy related Medication, Hammām,	300	250	Extra
45.	Therapy related Medication, Dalk-i Khashin, Qai, Tila, and Hammam	240	200	Extra
46.	Therapy related Medication, Fasd, Ishāl, Hijāma, Qay' and Zimad	1290	1100	Extra
47.	Therapy related Medication, Huqna, Qay', Fasd, Hammām	960	820	Extra
48.	Therapy related Medication, Takmīd,	150	130	Extra
49.	Therapy related Medication, Fasd	900	760	Extra
50.	Dalk (Massage) – Whole Body	450	380	Extra
51.	Dalk (Massage) – Half Body	240	200	Extra

Sr.No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
52.	Dalk (Massage) – Single Limb	90	80	Extra
53.	Dalk (Massage) – Single Joint	60	50	Extra
54.	Dalk-i Khashin (Dry massage)	240	200	Extra
55.	Hammām (Turkish Bath)	300	250	Extra
56.	Inkibāb (Steam Bath)	90	80	Extra
57.	Hammām Mu'arriq (Sauna Bath)	300	250	Extra
58.	Hip Bath	120	100	Extra
59.	Spinal Bath	150	130	Extra
60.	Ābzan (Sitz Bath)	90	80	Extra
61.	Dastshoya (Hand Bath)	60	50	Extra
62.	Pāshoya (Foot bath)	60	50	Extra
63.	Qay' (Emesis)	90	80	Extra
64.	Huqna (Enema)	120	100	Extra
65.	Natūl (Irrigation)	150	130	Extra
66.	Irsal-i Alaq (Leeching)	450	380	Extra
67.	Hijāma bila shart (Dry Cupping)	300	250	Extra
68.	Hijāma bi'l Shart (Wet Cupping)	750	640	Extra
69.	Faşd (Venesection)	450	380	Extra
70.	Takmīd (Fomentation)	150	130	Extra
71.	Zimād/ Tamrīkh (Applying Paste)	150	130	Extra
72.	Riyāzat (Exercise)	300	250	Extra
73.	Kayy (Cauterization)	750	640	Extra
74.	Ultrasound Therapy	150	130	Extra
75.	Interferential Therapy	150	130	Extra
76.	Nerve Stimulation	120	100	Extra
77.	Short Wave Diathermy	120	100	Extra
78.	Long Wave Diathermy	150	130	Extra
79.	Intermittent Traction	150	130	Extra
80.	Paraffin Wax Bath	150	130	Extra
81.	Chest Physiotherapy	150	130	Extra
82.	Exercise Therapy	120	100	Extra
83.	Specialized Gait Therapy	90	80	Extra
84.	Transcutaneous Electrical Nerve Stimulation (TENS)	150	130	Extra
85.	Hydrocollator Moist Heat Therapy	90	80	Extra

ANNEXURE S1 (SIDHA)

List of disease/diseases as per SIDHA and their indicative therapies with their likely duration of treatment

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
1.	2.	3.	4.	5.
1.	Iraippu, Swasa Kasam, Kabanoinagal etc., (Restrictive Obstructive Pulmonary Diseases, Bronchial Asthma and other respiratory disorders)	<ul style="list-style-type: none"> • Difficulty in Breathing • Cough • Fever • Head ach 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Nasiyam Nasigaparanam Otrradam Pasai Pugai Poochu Ennai Poochu Ennai Kattu Patru Pottanam Varthi – Thiri Vedhu Peechu Suttigai Asanam Pranayamam Varmam application	3- 28 Days
2.	Sagana Vaatham (Cervical Spondylosis, Cervical Spondylitis, Ankylosing Spondylitis of Cervical Spine, Cervical Disc Prolapse)	<ul style="list-style-type: none"> • Persisting or radiating pain in cervical region • Restricted neck movements • Tenderness • Numbness • Vertigo 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilapaduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Otrradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	7- 28 Days
3.	Thandaga Vaatham, Peraasana Narambu Thaabitham (Lumbar Spondylosis, Sciatica, Low Back Pain, I.V.D.P., Spondylolysthesis)	<ul style="list-style-type: none"> • Persistent or radiating back pain • Restricted movements of low back/ hip region • Tenderness • Burning sensation 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi	7- 28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
			Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	
4.	Keel Vaayu Kumba Vaatham (Arthritis, Frozen Shoulder, Periarthritis, Tendinitis, Brachial Neuralgia)	<ul style="list-style-type: none"> • Radiating or local pain in shoulder region • Restricted shoulder movements • Tenderness • Numbness • Muscle wasting 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu 24 Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	7-28 Days
5.	Pakka Vatham, Patcha Vaatham (Paralysis, Monoplegia Hemiplegia, hemiparesis)	<ul style="list-style-type: none"> • Weakness of one side of the body • Stiffness of muscles • Muscle weakness • Numbness • Pain • Tremor • Difficulty in speech 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu 25 Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	14 –28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
6.	Paanikkamba vaatham, Sirakamba vaatham	<ul style="list-style-type: none"> • Tremor • Stiffness of muscles • Muscle weakness • Difficulty in walking • Sluttering movements • Difficulty in speech 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam 14- 28 Days 26 Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	14- 28 Days
7.	Arpudtha Vaatham, Muga Vaatham (Facial Paralysis)	<ul style="list-style-type: none"> • Weakness of facial muscles • Drooping of eye lids • Numbness of facial muscles • Salivation 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	7- 21 Days
8.	Uthira Vaatha Suronitham, Paithaya Vatha Suronitham Vali Azhal Keelvayu (Gout Arthritis SLE, Rheumatoid Arthritis)	<ul style="list-style-type: none"> • Joint pain • Swelling • Tenderness • Deformity • Burning sensation • Discolouration of skin • Palpable cutaneous nodules • Migrating arthritis 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi	14-28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
			Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	
9.	Vali Keelvayu (Rheumatic Fever & Arthritis)	<ul style="list-style-type: none"> • Pain and swelling in the joint • Immobility • Fever • low back Pain • Fleeting arthritis 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilaipaduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	14-28 Days
10.	Sarvanga Vatham, Mutrudal vatham (Cerebral and Cerebellar atrophy, Neurological Disorders, Fibromyalgia)	<ul style="list-style-type: none"> • Generalized body pain • Stiffness • Numbness • Weakness • Feeling of coldness 	Ennai Kuzhiyal Kalichal Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	14-28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
11.	Azhai Keelvayu (Degenerative Joint disorders Tennis Elbow, Kuthi Kaal Vaatham (Calcaneal Spur)	<ul style="list-style-type: none"> • Joint pain • Restricted joint movements • Stiffness • Crepitus • Difficulty in walking • Difficulty in squatting 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi OPoochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	14-28 Days
12.	Thol Noikal, Kalanjaga Padai, Karappan, Pathinen Vagai Kuttam (18 Types Kuttam - Skin Diseases), (Lichen Planus, Psoriasis, Eczema	<ul style="list-style-type: none"> • Discolouration of skin • Patches • Itching • Scaling • Oozing • Peeling • Burning sensation • Numbness • Rashes 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Dhaniya Kizhi Ennai Poochu Kaaram Kalimbu Kali Kattu Kuruthi Vaangal Kalikkam Neer Pugai Poochu Patru Pasai Patti Kattal Seelai Podi Attai Vidal Peechu Nasiyam Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application	8-28 Days
13.	Pun, Katti, Koppulam, Kiranthi, Pilavai (Cellulitis, Necrotising Cellulitis, Erysipelas, Impetigo, Pemphiguo, Vulgaris, Carbungle etc.,)	<ul style="list-style-type: none"> • Ulcer • Rashes • Blisters • Itching • Oozing • Burning sensation • Pain • Suppuration 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Dhaniya Kizhi Ennai Poochu Kaaram Kalimbu Kali Kattu Kuruthi Vaangal Kalikkam Neer Pugai Poochu Patru Pasai Patti Kattal Seelai Podi Attai Vidal Peechu	7- 28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
			Nasiyam Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application	
14.	Moolam, Pouthiram, Asana Vaai Vedippu, Katti, Adithallal (Haemorrhoids, Fistula In Ano, Fissure In Ano, Perianal abscess, Rectal prolapse etc.,)	<ul style="list-style-type: none"> • Constipation • Pain in anal region • Itching around anus • Burning sensation • Prolapse of mass from anus • Bleeding from anus • Pus from anus 	Ennai Kuzhiyal Kalichal Vaanathi / Kutram thannilai paduthal Kuruthi Vaangal Keeral Kaaram Kalikkam Kalimbu Kaara Nool Sikitchai Podi Patru Peechu Pasai Pugai Salaagai Attai Vidal Vedhu Varthi/Thiri Suttigai Seelai Aruvai Kali Asanam Pranayamam Varmam application	7- 14 Days
15.	Kuraipaadu, Malattu Thanmai (Male Reproductive Disorders)	<ul style="list-style-type: none"> • Fertility disorders (Male) • Oligospermia • Asthinospermia • Teratozoospermia • Azoospermia • Erectile dysfunction • Spermatorrhoea 	Ennai Kuzhiyal Kalichal / Vaanathi / Kutram thannilai paduthal Kalikkam Kali Kattu Patru Pottanam Ottradam Attai vidal Dhaniya Kizhi Poochu Asanam Pranayamam Varmam application	14-28 Days
16.	Karuppai Noikal, Soothaga Kattu, Soothaga Vali, Sinaippai Neer Katty, Athi Uthirapokku (Amenorrhoea, Dysmenorrhoea, Anovulatory, PCOD / PCOS, D.U.B., Menopausal Disorders)	<ul style="list-style-type: none"> • Irregular menstruation • Painful menstruation • Excessive menstruation • Excessive Vaginal discharge. • Uterine prolapse 	<ul style="list-style-type: none"> • Irregular menstruation • Painful menstruation • Excessive menstruation • Excessive Vaginal discharge. • Uterine prolapse 	14- 28 Days
17.	Thasai Vaatham (Muscular Dystrophy)	<ul style="list-style-type: none"> • Weakness of muscles • Muscle wasting • Muscular hypertrophy • Difficulty in movements 	Ennai Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Poochu Ennai Kattu Patru Poochu Pasai Kali	14-28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
			Ottradam Pottanam Podithimirthal Varmam application	
18.	Kan Noigal (Refractive Errors, Amblyopia, Chronic Allergic & Inflammatory Diseases, Chronic Conjunctivitis, Dry Eye Syndrom, Retinitis Pigmentosa, Night Blindness, Dacrocystitis, A.R.M.D., Retinopathy-Diabetic/ Hypertensive)	<ul style="list-style-type: none"> • Diminished vision • Photophobia • Dyplopia • Watering of eyes • Pus formation in eyes • Itching of eyes • Strain & pain in eyes • Restricted field of vision • Headache • Conjunctivitis • Styte 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Mai Kalikkam Poochu Neer Salaagai Peechu Ottradam Thokkanam Pranayamam Asanam Varma Thadaval Vedhu	7- 28 Days
19.	Soorya vartham, Chandra vartham, Thalaivali (Migraine, idiopathic Headache)	<ul style="list-style-type: none"> • Severe headache • Heaviness of head • Nausea • Photophobia 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaivald Varma Thadavul Pranyamam Asanam Varmam application	7- 21 Days
20.	Enbu Murivu / Mootu nazhuval / (Fracture/ Dislocation / Ligamental injuries)	<ul style="list-style-type: none"> • Difficulty in movements / walking • Fracture • Dislocation of bone/ cartilage/ vertebrae • Pain • Swelling • Restricted or painful movements of associated area/ nearby muscles 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Kombu Kattal Kalimbu Poochu Poochu Ottradam Pottanam Pasai Murichal Thokkanam Asanam Pranayamam Varmam application	7-21 Days
21.	Vayiru / Kudal Noigal / Soolai, Peruvayiru, Vikkal, Kazhichal (Gastro intestinal disorders)	<ul style="list-style-type: none"> • Abdominal pain and discomfort • Flatulence • Constipation / 	Gunmam Ennai Kuzhiyal Kalichal / Vaanthi /Kutram thannilai paduthal	14- 28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
		Diarrhoea • Nausea / Vomiting • Digestive disorders • Fever	Poochu Ottradam Pottanam Patru Peechu Attai vidal Thokkanam Asanam Pranayamam Varmam application	
22.	Kalleral / Manneeral / Kanaya Noigal (Liver, Spleen & Pancreatic diseases)	• Nausea / Vomiting • Flatulence • Constipation / Diarrhoea • Indigestion • Abdominal pain and discomfort • Dyspnea • Anaemia • Jaundice • Liver and Spleen enlargement. • Madhumegam	Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu Ottradam Pottanam Pasai Thokkanam Kali Patru Peechu Attail vidal Suttigai Asanam Pranayamam Varmam application	14- 28 Days
23.	Siruneeraga Noigal (Kidney disorders, Chronic renal failure, Renal calculi, UTI etc.)	• Dysruia • Anuria • Oliguria • Urinary obstruction • Renal colic • Haematuria • Pyuria	Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu Ottradam Pottanam Pasai Thokkanam Kali Patru Peechu Attail vidal Suttigai Seelai Asanam Pranayamam Varmam application	14- 28 Days
24.	Thottra noigal (Non communicable disorders such as Diabetes, Hypertension, Cardiovascular disorders, Obesity, Cancer etc.)	• Hyperglycaemic • Hypercholesterolemia • Diabetic ulcer • Giddiness • Neruopathy • Weakness • Nephropathy • Weight gain / loss • Depression • Pain	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Patru Thiri Pugai Sira Thokkanam Suttigai Attaival Varma Thadavul Pranyamam Asanam Varmam application	14- 28 Days

Sr. No.	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
25.	Mudhiyor noigal (Geriatrics / Nadukku vatham, Marathi noigal , Alzemier's disease, Sleep disorders, Depression)	<ul style="list-style-type: none"> • Degenerative disorders • Osteopenia & Osteoporosis • Generalised body pain • Neuropathy • Tremour • Memory loss • Sleep disorders 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottadam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Patru Thiri Pugai Sira Thokkanam Suttigai Attaividal Varma Thadavul Pranyamam Asanam Varmam application	14- 28 Days
26.	Kuzhanthai Noigal (Paediatric diseases such as Sirakamba vatham, Thasai vatham, Valippu Autism)	<ul style="list-style-type: none"> • Cerebral palsy • Infantile paralysis • Myopathy • Mental retardation • Nutritional disorders • Seizures 	Ennai, Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Poochu Ennai Kattu Patru Poochu Pasai Kali Ottadam Pottanam Podithimirthal Varmam application	14- 28 Days
27.	Mana noigal / Narambu Noigal (Psychiatric disorders / Depression / Valippu, Sleep disorders, Nadukku vatham etc.)	<ul style="list-style-type: none"> • Mood disorders • Sleep disorders • Tremour • Difficulty in movements • Psychiatric symptoms 	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottadam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Patru Thiri Pugai Sira Thokkanam Suttigai Attaividal Varma Thadavul Pranyamam Asanam Varmam application	14- 28 Days

ANNEXURE S2 (SIDHA)
RATES PRESCRIBED FOR SIDHA PROCEDURES

Sr. No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
1.	Aruvai	300	250	Extra
2.	Asanam	300	250	Extra
3.	Attai Vidal - (Leech Therapy)	210	180	Extra
4.	Dhaniya Kizhi (Complete)	420	360	Extra
5.	Dhaniya Kizhi (local)	210	180	Extra
6.	Ennai Kattu (Medicated oil bandage for bone and joint Disorder, Muscle weakness)	120	100	Extra
7.	Ennai Kizhi.(Complete)	420	360	Extra
8.	Ennai Kizhi.(Local/-)	210	180	Extra
9.	Ennai Kuliyaal	300	250	Extra
10.	Kaara Uppu (Local)	60	50	Extra
11.	Kali	210	180	Extra
12.	Kalikkam	90	80	Extra
13.	Kalimbu	210	180	Extra
14.	Karanool application in Fistula (Initial) under L. A.	660	560	Extra
15.	Karanool application in Fistula (Follow-up)	270	230	Extra
16.	Karanool application in Piles / other conditions	270	230	Extra
17.	Keeral	300	250	Extra
18.	Kuruthi vaangal - Blood Letting (Cupping)	210	180	Extra
19.	Kuruthi vaangal - Blood Letting (I&D and Dressing)	270	230	Extra
20.	Mai	90	80	Extra
21.	Manal Kizhi	210	180	Extra
22.	Murichal & Kombu Kattal	300	250	Extra
23.	Nasigaparanam	120	100	Extra
24.	Nasiyam	120	100	Extra
25.	Neer	120	100	Extra
26.	Ottradam (fomentation)	330	280	Extra
27.	Pattikattal	120	100	Extra
28.	Pasai	210	180	Extra
29.	Peetchu (Rectal oil Douche) (Enema)	120	100	Extra
30.	Peetchu (Vaginal Douche)	120	100	Extra
31.	Podi Kizhi.(Complete)	420	360	Extra
32.	Podi Kizhi.(Local)	210	180	Extra
33.	Podi Thimirthal	420	360	Extra
34.	Poochu (Ennai application)	420	360	Extra
35.	Poochu (Ennai application – local)	180	150	Extra
36.	Pottanam (Bundle) /	330	280	Extra
37.	Pranayamam	210	180	Extra
38.	Pugai application in Piles and Fistula	120	100	Extra
39.	Salaagai	210	180	Extra
40.	Seelai	210	180	Extra
41.	Sira Thokkanam with Medicated Ennai	330	280	Extra

Sr. No.	Name of Procedure	NABH Rates	Entry Level NABH Rates	Room rent
42.	Suttigai - Cauterization	90	80	Extra
43.	Thokkanam (Complete) (Massage)	600	510	Extra
44.	Thuvalai	300	250	Extra
45.	Vamanam (Herbal Kudinner or Tablets)	240	200	Extra
46.	Varma Application	210	180	Extra
47.	Varthi	90	80	Extra
48.	Varthi	90	80	Extra
49.	Vedhu	120	100	Extra

ANNEXURE N1 (NATUROPATHY)

List of disease/diseases as per Naturopathy and their indicative therapies with their likely duration of treatment

Sr.No.	Disease	Therapies	Likely duration of hospitalization
1.	Diabetes mellitus	Full body / local massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/ mud pack, Underwater massage, Packs, Naturopathy diet	15 days
2.	Obesity	Fasting, Full body/local Dry massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/ mud pack, Full wet sheet pack, Underwater massage, Naturopathy diet	21 days
3.	Metabolic disorders	Fasting, Full body/local Dry massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/ mud pack, Full wet sheet pack, Full Immersion bath, Underwater massage, Naturopathy diet	15 days
4.	Hypertension and Cardiovascular diseases	Full body / local massage, steam bath, Spinal bath, Arm & Foot bath, Mud bath/ mud pack, Full wet sheet pack, local packs, Naturopathy diet	15 days
5.	Bronchial asthma/ Chronic bronchitis	Full body / local massage, steam bath, Spinal bath, Arm & Foot bath, Mud bath/ mud pack, chest pack, Facial steam, Naturopathy diet	15 days
6.	Arthritis (Osteo, Rheumatoid, Gout)	Full body / local massage, steam bath, Local steam, Spinal bath, Arm & Foot bath, Full Immersion bath, Mud bath/ mud pack, packs, Naturopathy diet	15 days
7.	Musculoskeletal disorders (Low back pain, sciatica, cervical spondylosis)	Full body/ local massage, steam bath, Spinal bath, Arm & Foot bath, Local steam, Full Immersion bath, Mud bath/ mud pack, packs, Naturopathy diet	15 days
8.	Skin disorders (Psoriasis, Eczema)	Full body/ local massage, steam bath, Spinal bath, Local steam, Full Immersion bath, Mud bath/ mud pack, packs, Full wet sheet Pack, Naturopathy diet	21 days

ANNEXURE N2 (NATUROPATHY)**RATES PRESCRIBED FOR NATUROPATHY PROCEDURES**

Sr. No.	Name of Procedure	Procedure	NABH Rates	Entry Level NABH Rates	Room rent
Jal Chikitsa (Hydrotherapy)					
1.	Hip bath	(OPD)	90	80	*****
2.	Spinal bath	(OPD)	60	50	*****
3.	Spinal spray	(OPD)	120	100	*****
4.	Arm/ Foot bath	(OPD)	90	80	*****
5.	Full Immersion bath	(OPD)	120	100	*****
6.	Local jet spray	(OPD)	120	100	*****
7.	Under Water Massage	(OPD)	210	180	*****
8.	Deluxe Hydro Massage	(OPD)	240	200	*****
9.	Deluxe Hydro Massage	(OPD)	240	200	*****
10.	Circular jet bath	(OPD)	210	180	*****
11.	Enema	(OPD)	60	50	*****
12.	Colon Hydrotherapy	(OPD)	300	250	*****
13.	Local steam	(OPD)	60	50	*****
14.	Full body steam	(OPD)	120	100	*****
15.	Sauna bath	(OPD)	150	130	*****
Mardana Chikitsa.					
16.	Full body Mardana	(OPD)	180	150	*****
17.	Local Mardana	(OPD)	90	80	*****
18.	Dry Mardana	(OPD)	120	100	*****
Packs / Fomentation					
19.	Full wet sheet pack or Fomentation	(OPD)	90	80	*****
20.	Local pack / Fomentation(chest, abdomen, leg etc.)	(OPD)	60	50	*****
Mud Therapy					
21.	Full Body Mud Bath	(OPD)	150	130	*****
22.	Local Mud pack / Application	(OPD)	60	50	*****
Chromo Therapy					
23.	Thermoleum Sun bath	(OPD)	120	100	*****
Package Treatments with minimum 3 procedures.					
24.	One day package treatment	(OPD)	450	380	*****
25.	One week package treatment	(OPD)	2100	1780	*****
26.	Two weeks package treatment	(OPD)	3600	3060	*****
27.	Three weeks package treatment	(OPD)	5400	4590	*****
28.	One week package treatment	(IPD)	6000	5100	Extra
29.	Two weeks package treatment	(IPD)	10800	9180	Extra
30.	Three weeks package treatment	(IPD)	15000	12750	Extra

** Room rent of above packages are allowed only from Sr. No. 28 to 30 as per entitlement of the State Government beneficiary.